

2020 Edition, Compiled by Russell Baker

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Introduction

Welcome to the fun of playing the ukulele!

The School Ukulele Orchestra Tuition Book introduces students to playing the ukulele. It is a tool that teachers can use to guide students through their learning. The book can also be used by students to review their learning or to teach themselves new skills.

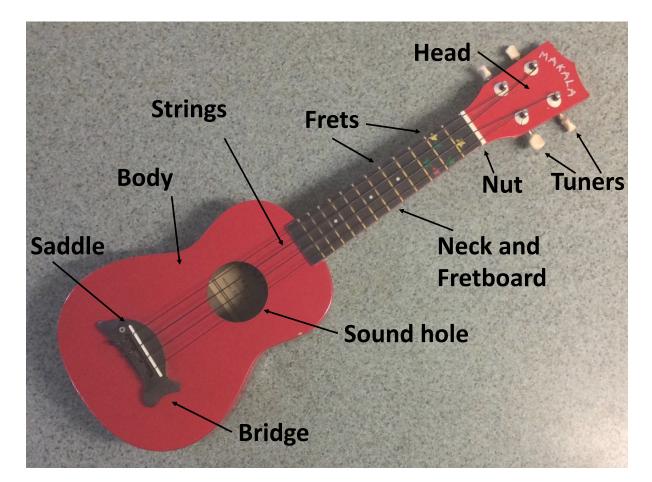
Included in this book are:

- Learning the parts of the ukulele
- Common ukulele chords
- Ukulele strumming methods and patterns
- Common chord progressions
- Reading ukulele tablature
- Playing melodies on the ukulele
- Songs and tunes to help with practising these skills

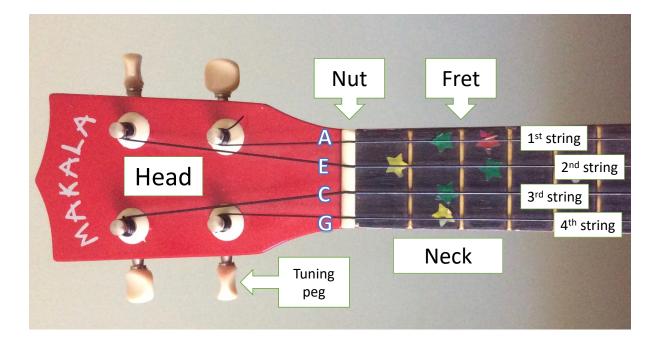
This book is the first in a set of three and is complimented by The School Ukulele Orchestra Accompaniment Book and The School Ukulele Orchestra Instrumental Book. There are also lessons that support this tuition book, including audio and video resources. The other books, audio and lessons are available on the website: <u>www.school-ukulele-orchestra.net</u>.



Parts of the Ukulele



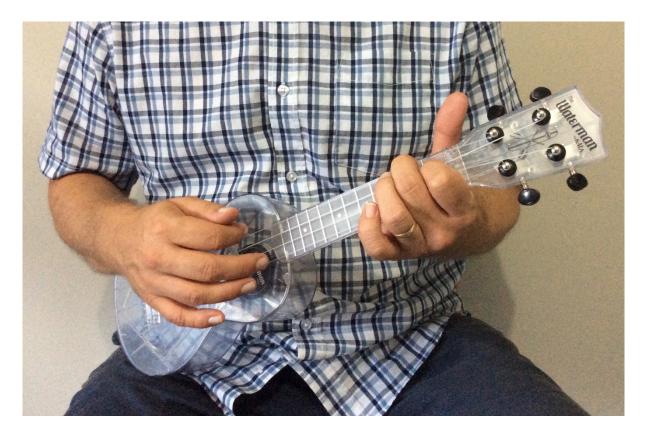
Find all these parts on your own ukulele



Task: Do some research on the history of the ukulele.

Holding the Ukulele

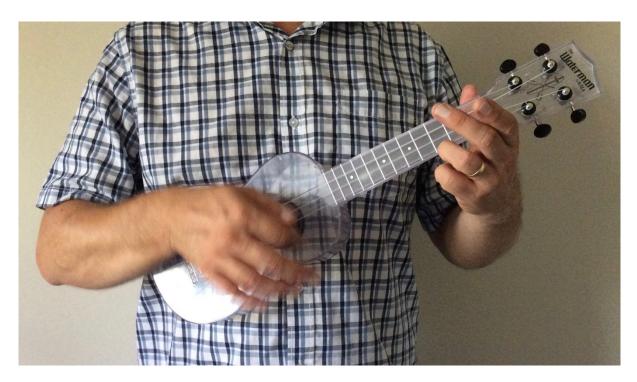
It is easiest to sit down when you start learning.



Hold the ukulele with the back of the body against your belly. Rest the bottom corner of the body on your leg. The side of your strumming arm (usually the right arm) can rest lightly on the top corner of the body. Your chord playing hand (usually the left hand) will also help support the neck.



Standing up and playing is easier with a strap. If you don't have a strap, here's what to do.



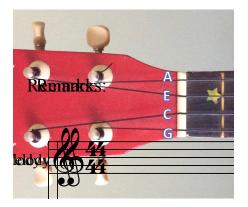
Put the back of the ukulele body on your belly. Hold the ukulele in place with the side of your strumming arm (usually the right arm). Support the neck with your chord playing hand (usually the left hand).

Tuning the Ukulele

The most common ukulele tuning is G, C, E, A. Getting your ukulele in tune is important before you practise and play. You can use an app, a tuner, a piano or an on-line video to tune. Tune by turning the tuning pegs to tighten or loosen the strings.

If you use a piano for tuning the notes are:

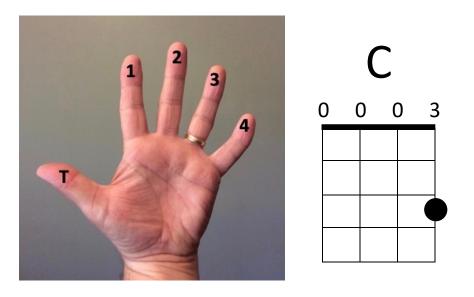
- A above middle C (A4)
- E above middle C (E4)
- Middle C (C4)
- G above middle C (G4)



First Chord: C

A chord is a group of notes that sound "right" together. We say that they "harmonise".

When you play "right-handed" you use your left hand to hold the chords and your right hand to strum. (Both left handed and right handed people can play "right handed" as we use both hands to make the music.)





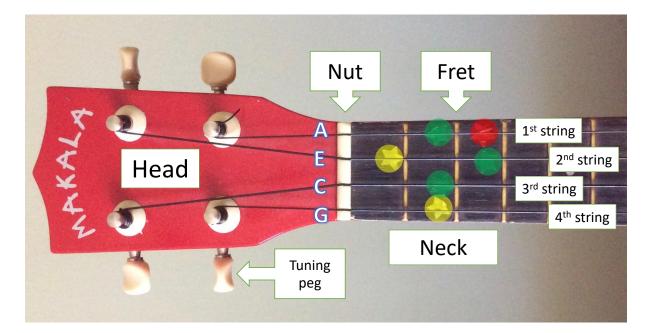
With the third finger of your left hand, press the string onto the fretboard of the ukulele where shown in the diagram and hold it firmly in place. With your right hand thumb or a fingertip, strum all the strings together. (There is more information about strumming on page 20.)

Fretting Strings

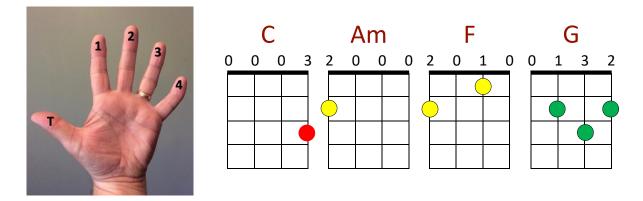
As you look closely at the diagram and picture you will see that the finger is *next to* the fret, NOT *on top* of it. Always put your finger next to the fret, pressing firmly but comfortably so the string is held against the fret. For the C chord, the third finger is placed *next to* the third fret on the first string.

Chord Dot Stickers

Using coloured stickers can help you remember the chord positions. Here is one sticker system:

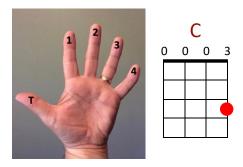


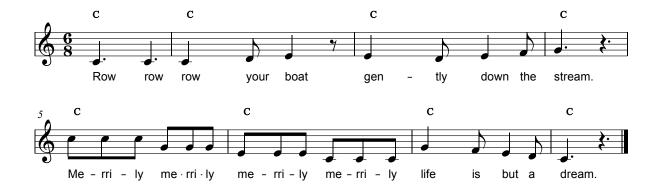
C chord is a red sticker. Am chord is one of the yellow stickers. F chord is two yellow stickers. G chord is three green stickers.



You will learn to use the Am, F and G chords later in this book.

Row, Row, Row Your Boat



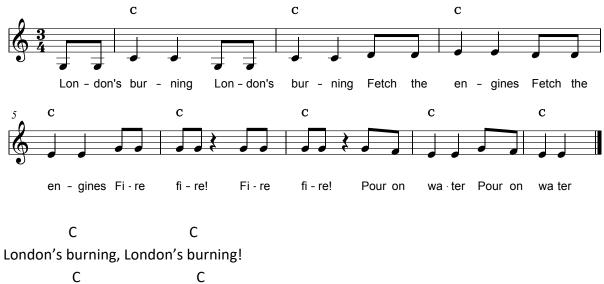


CCCCRow, row, row your boat, gently down the stream.CCCCCCMerrily, merrily, merrily, merrily, life is but a dream.

CCCCRow, row, row your boat gently down the streamCCCIf you see a crocodile don't forget to scream.

CCCCRow, row, row your boat gently down the streamCCCYou can make it up yourself but please do not be mean.

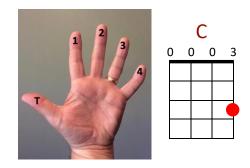
London's Burning



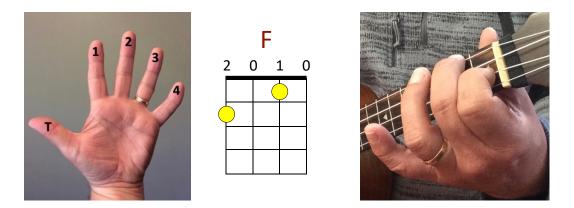
Fetch the engines! Fetch the engines! C C Fire, fire! Fire, fire! C C

Pour on water, Pour on water.

(Repeat and sing as a round.)



Second chord: F



To play the F chord, use your first and second fingers - your "peace sign" fingers. Press the strings firmly as shown in the diagram above. Place your thumb on the back of the ukulele neck.



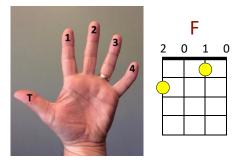
Frere Jacques



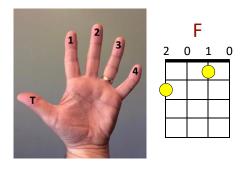
F F F F Frère Jacques, Frère Jacques, F F F F Dormez-vous? Dormez-vous? F F F F Sonnez les matines! Sonnez les matines! F F F F Ding, dang, dong. Ding, dang, dong.

F F F F Are you sleeping? Are you sleeping? F F F F Brother John, Brother John, F F F F Morning bells are ringing! Morning bells are ringing! F F F F Ding, dang, dong. Ding, dang, dong.

(Repeat and sing as a round.)



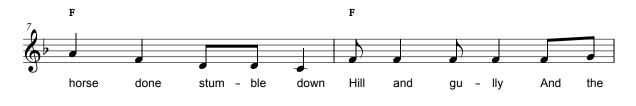
Hill and Gully Rider













F F F F Hill and gully rider (hill and gully) F F F F Hill and gully rider (hill and gully) F F F F Took my horse and I'm coming down (hill and gully) F F F F But the horse done stumble down (hill and gully) F F F F And the night come and tumble down (hill and gully)

F F F F Hill and gully rider (hill and gully) F F F F Hill and gully rider (hill and gully) F F F Oh the moon shone bright down (hill and gully) F F F F Ain't no place to hide around (hill and gully) F F F F And a zombie come a riding down (hill and gully)

F F F F Hill and gully rider (hill and gully) F F F F Hill and gully rider (hill and gully) F F F F Oh, my knees they shake down (hill and gully) F F F F And my heart starts quaking down (hill and gully) F F F F And I run 'til daylight breaking down (hill and gully) F F F F And I never want to hang around (hill and gully)

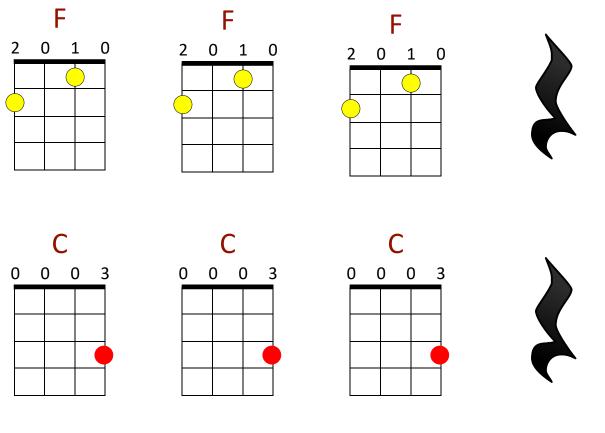


Changing Chords F and C

When you first change chords on the ukulele it can take time for your fingers to move into the right places. You can give yourself time by starting to play slowly. As your fingers get faster you can speed up your playing.

You can also use "rests" to give you time to change. A rest is a place in the music where the "count" or beat continues but you do not play.

In the following pattern there is a rest on the fourth beat. You can use the rest to move your fingers to the next chord. The pattern is shown in two different ways.

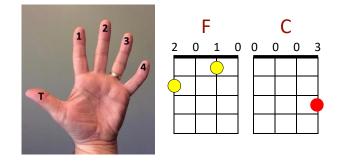


Showing the chord shapes and rests:

Showing the count and chord changes:

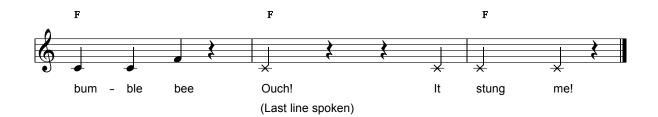
1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
F	F	F	change	С	С	С	change	F	F	F	change	С	С	С	change

Bumble Bee











I'm bringing home my baby bumble bee



Won't my mummy be so proud of me?



I'm bringing home my baby bumble bee - OUCH! It stung me!

F I'm squishing up my baby bumble bee C Won't my mummy be so proud of me? F I'm squishing up my baby bumble bee - EW! What a mess!

F I'm licking up my baby bumble bee C Won't my mummy be so proud of me? F I'm licking up my baby bumble bee - ICK! I feel sick!

F

I'm throwing up my baby bumble bee C Won't my mummy be so proud of me? F I'm throwing up my baby bumble bee - OH! What a mess!

F I'm wiping up my baby bumble bee C Won't my mummy be so proud of me? F I'm wiping up my baby bumble bee - OOPS! Mummy's new towel!

F I'm wringing out my baby bumble bee C Won't my mummy be so proud of me? F I'm wringing out my baby bumble bee - Bye-Bye baby bumble bee!

Strumming the Ukulele

You can play with your thumb.



You can play with your finger tip.



The fingertip is often better for playing patterns of down and up strums.



You can steady your finger with your thumb if this is helpful.

Many people prefer to have their hand open rather than in a fist.



Find a method that is smooth and comfortable for you. You can even strum with more than one finger! Relax your hand and let your fingers (or thumb) brush the strings.





Strumming Patterns

Start with a simple down strum – one strum for each beat. Play a C chord for these strums.

1	2	3	4
Down	Down	Down	Down

You can extend and repeat the pattern:

1	2	3	4	1	2	3	4
\downarrow							

Then try a down-up pattern with the following count:

1	and	2	and	3	and	4	and
Down	Up	Down	Up	Down	Up	Down	Up

You can extend and repeat the pattern:

1	&	2	&	3	&	4	&	1	&	2	&	3	&	4	&
\downarrow	↑	\Rightarrow	↑	\downarrow	↑										

You can create interesting rhythms by playing or skipping the beats. Pay attention to the count AND ALSO to the strum direction: down up down, down up down, down up down, down up down.

1	&	2	3	&	4	1	&	2	3	&	4	
\Downarrow	↑	\Rightarrow	\downarrow	↑	\Rightarrow	\Rightarrow	飰	\Rightarrow	\Rightarrow	↑	\Rightarrow	

Here's another pattern: down up down up down, down, down up down up down, down.

1	&	2	&	3	4	1	&	2	&	3	4	
\Downarrow	↑	\downarrow	↑	\downarrow	\downarrow	\downarrow	↑	\downarrow	↑	\downarrow	\Downarrow	

This great sounding rhythm can be tricky at first. Try to keep your hand relaxed and moving. Down up down up, up down, down up down up, up down.

1	&	2	&	&	4	1	&	2	&	&	4	
\Leftrightarrow	♠	\Leftrightarrow	↑	↑	⇒	\Rightarrow	↑	\downarrow	↑	♠	\Leftrightarrow	

What's the trick?

Your hand should keep moving up and down even when you do not strum.

- When you play "down, down, down" your hand moves up between each strum without touching the strings.
- When you play "down up down, down up down" your hand moves up between *some* of the strums without touching the strings.
- When you play "down up down up, up down" your hand sometimes moves *down* without touching the strings. This can be tricky at first, but sounds and feels great when you get it!

Percussive Strum

Another great sounding rhythm is the percussive strum. This is a "down up down up" strum with a difference. On the second "down" rest your palm against the strings and "mute" them as you strum to stop them ringing. Instead of a ringing sound, you will get a short sharp click from the strings. Let the strings ring again when you bring your strum back up.

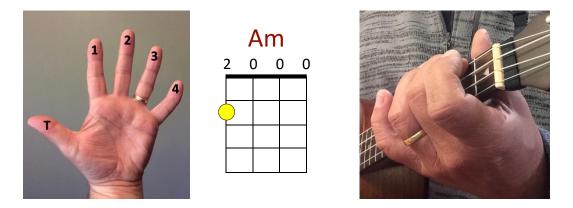
Down up mute up down up mute up down up mute up down up mute up.

In this diagram the **X** is the muted down strum.

1	&	2	&	3	&	4	&	1	&	2	&	3	&	4	&
\downarrow	↑	x	↑	\Rightarrow	飰	x	飰	\downarrow	♠	х	↑	\Rightarrow	飰	х	€

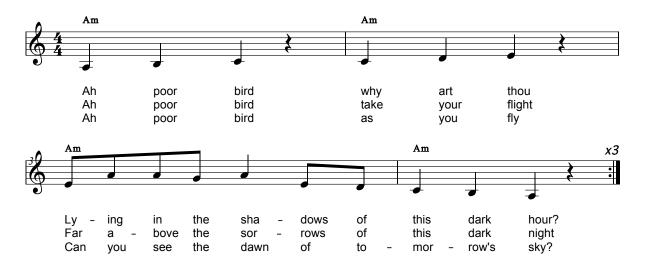
Try these different strumming patterns with the songs in this book. When you get more comfortable with them you can mix them up for variety in your playing.

Chord: A minor



Use your middle finger - finger 2 - to press at the second fret on the string as shown in the diagram and photo.

Ah, Poor Bird - English folk tune



AmAmAmAh, poor bird, why art thouAmAmAmAmAmLying in the shadows of this dark hour?

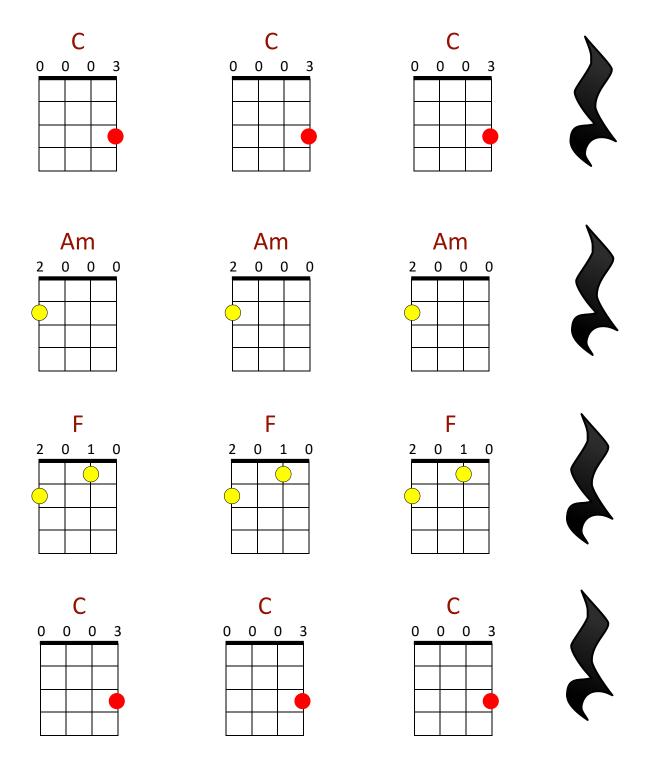
AmAmAmAh, poor bird, take your flightAmAmAmAmFar above the sorrows of this dark night

AmAmAmAh, poor bird, as you flyAmAmAmAmAmAmCan you see the dawn of tomorrow's sky?

(Repeat and sing as a round.)

Changing Chords: C Am F C

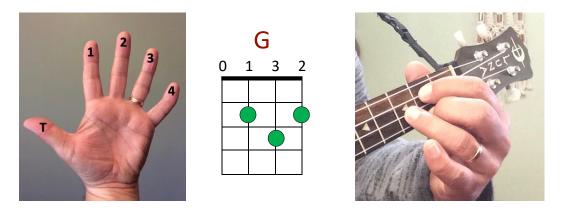
Try the Am chord with the C and F chords. Use the rests to move your fingers.



Showing the count and chord changes:

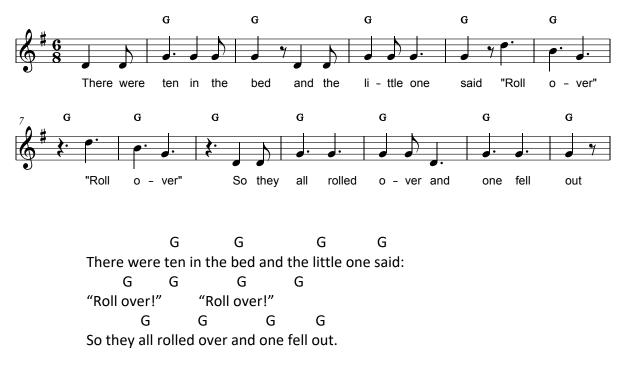
1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
С	С	С	change	Am	Am	Am	change	F	F	F	change	С	С	С	change

Chord: G



Place your three fingers as shown above. This chord takes a little while to get in position at first. Keep practising and it will get easier and smoother.

Ten In The Bed

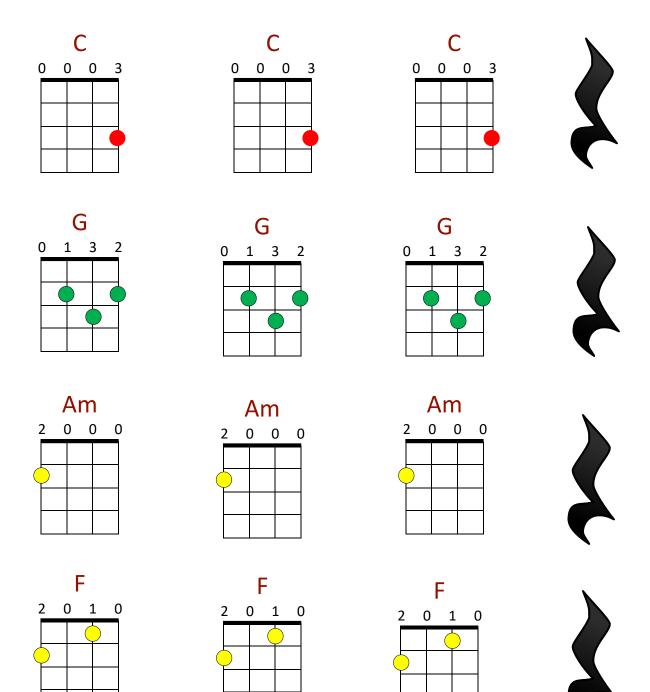


There were nine in the bed...

There were eight in the bed...

Changing Chords - C, G, Am, F

Try playing this chord pattern. Use the rests to move your fingers.

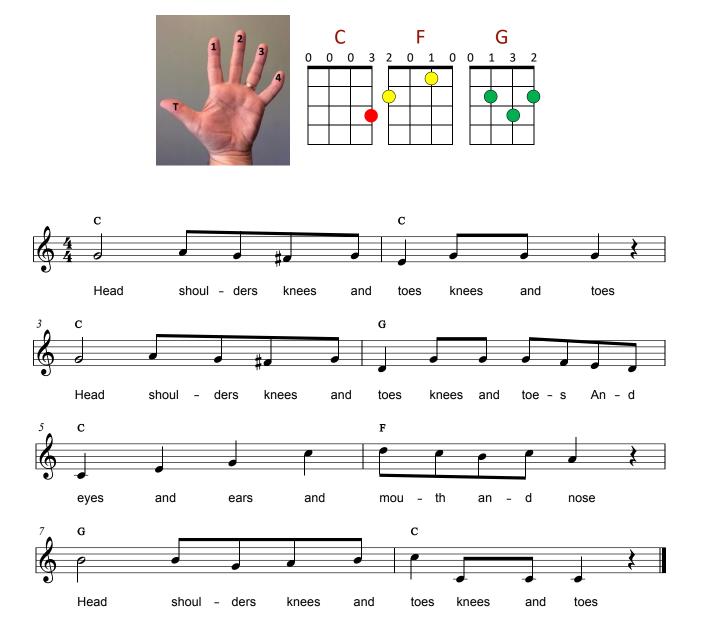


Showing the count and chord changes:

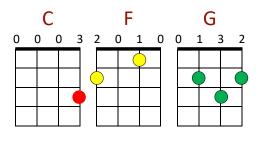
1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
С	С	С	change	G	G	G	change	Am	Am	Am	change	F	F	F	change



Head, Shoulders, Knees and Toes



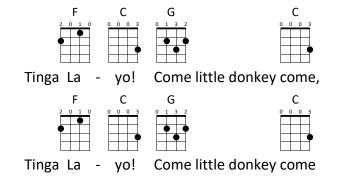
C Head, shoulders, knees and toes, knees and toes C G Head, shoulders, knees and toes, knees and toes C F And eyes and ears and mouth and nose G C Head, shoulders, knees and toes, knees and toes











F		С
-		

M' donkey eat, m' donkey sleep,

G	С
0 1 3 2	0 0 0 3
• •	
•	•

M' donkey kick with his two hind feet.

F	С
1 0	0 0 0 3
•	

M' donkey eat, m' donkey sleep,

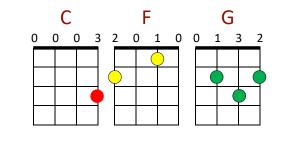
G	С
0 1 3 2	0 0 0 3

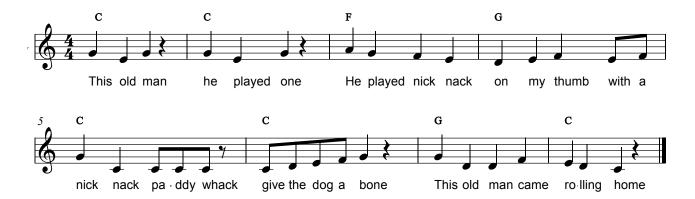
M' donkey kick with his two hind feet.

F C G C Tinga Layo! Come little donkey come, F C G C Tinga Layo! Come little donkey come.

FCM' donkey walk, m' donkey talk,
GCM' donkey eat with a knife and fork.
FCM' donkey walk, m' donkey talk,
GCM' donkey eat with a knife and fork.

FCGC Tinga Layo! Come little donkey come, FCGCC Tinga Layo! Come little donkey come.







This old man, he played one,



He played knick-knack on my thumb;



With a knick-knack paddywhack, give a dog a bone,

С

G



This old man came rolling home.

C This old man, he played two, F G He played knick-knack on my shoe; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home. C This old man, he played three, F G He played knick-knack on my knee; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home.

C This old man, he played four, F G He played knick-knack on my door; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home.

C This old man, he played five, F G He played knick-knack on my hive; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home.

С

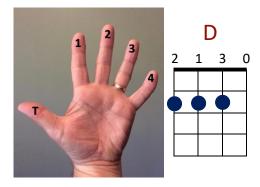
This old man, he played six, F G He played knick-knack with my sticks; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home. C This old man, he played seven, F G He played knick-knack up in heaven; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home.

C This old man, he played eight, F G He played knick-knack on my gate; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home.

C This old man, he played nine, F G He played knick-knack on my spine; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home.

C This old man, he played ten, F G He played knick-knack once again; C With a knick-knack paddywhack, give a dog a bone, G C This old man came rolling home.

Chord: D

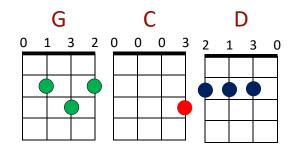


You can use more stickers for the D chord if you wish, but you might find the fret board is getting crowded. See if you can find this chord without stickers.

London's Burning in the key of D



Taba Naba







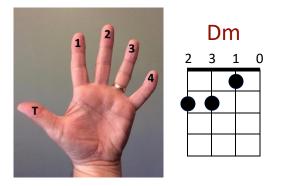
G C Taba naba naba norem D G C D Tugei penaisir mi dinghy em nabatre G C Me ko keimi sirir em narbare D G Taba naba norem

Style...

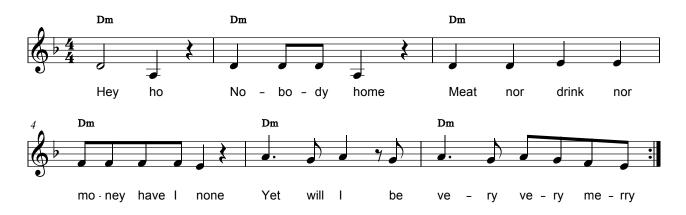
GCCome, let's go, let's row to the reefDGC DGet into the dinghy when the morning tide is lowGCLet's row out to the edge of the reefDGCome, let us go to the reef

Fishing...surfing...

Chord: D minor



Hey, Ho, Nobody Home



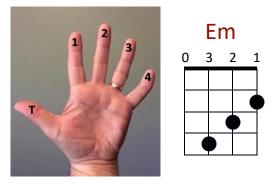
DmDmHey, ho, Nobody homeDmDmMeat nor drink nor money have I noneDmDmVet will I be very very merry

(Repeat and sing as a round.)

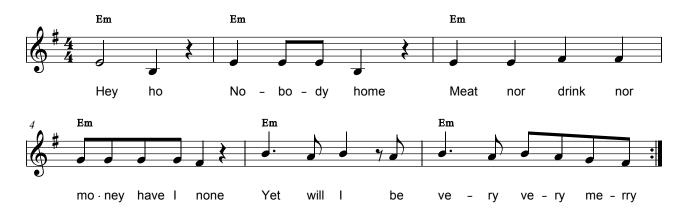
Finish with:

Dm Dm Hey, ho, Nobody home

Chord: E minor



Hey, Ho, Nobody Home in the key of E minor



Em Em Hey, ho, Nobody home Em Em Meat nor drink nor money have I none Em Em Yet will I be very very merry

(Repeat and sing as a round.)

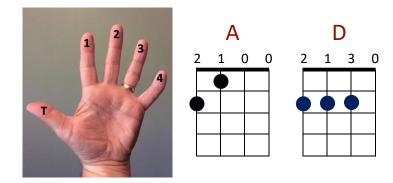
Finish with:

Em Em Hey, ho, Nobody home

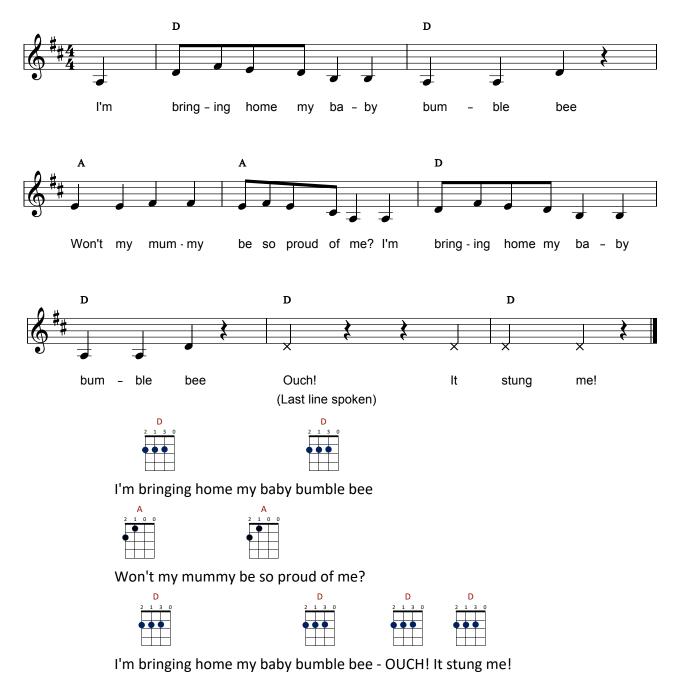


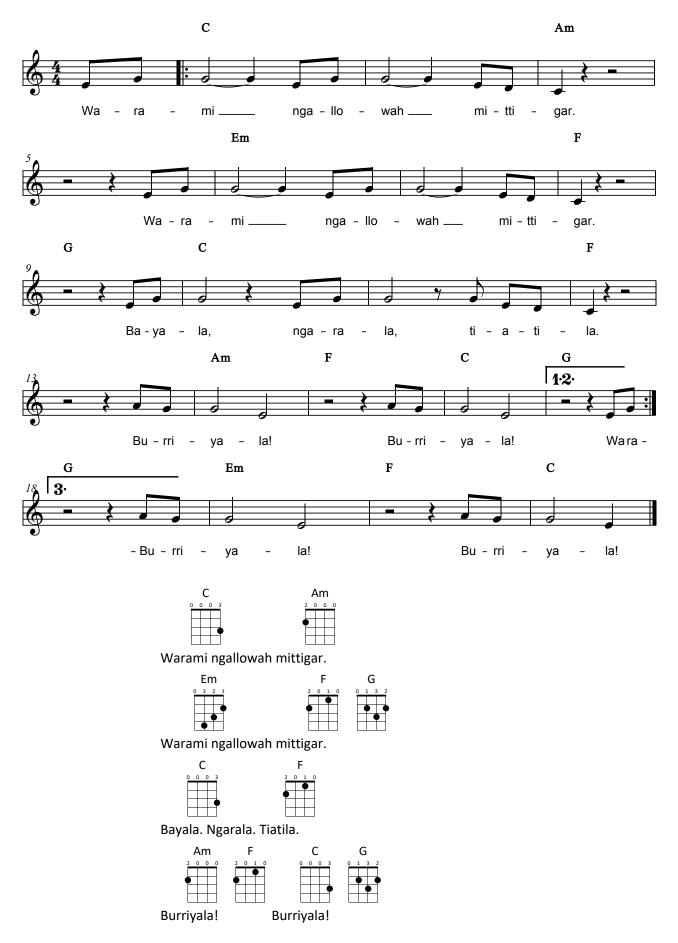
Chord: A

Practice changing between A and D. Slide your first finger when you change the chords.



Bumble Bee with D and A chords - Key of D

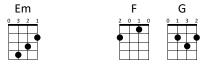




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С	Am
	2 0 0 0

Warami ngallowah mittigar.



Warami ngallowah mittigar.

			F		
3		2	0	1	0
		Γ		Ò	
		•			
•					

Bayala. Ngarala. Tiatila.

С

Am	F	С	G
rivala!	Bui	rrivala!	

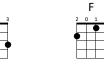
Burriyala!

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E			_	

Warami ngallowah mittigar.

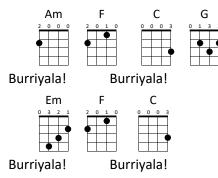
Em	F	G

Warami ngallowah mittigar.



Bayala. Ngarala. Tiatila.

С



Translation: Hello, come sit down, friend. Hello, come sit down, friend. Let's talk, Let's listen. Let's learn. Let' sing. Let's sing.

Common Chord Patterns - Twelve Bar Blues

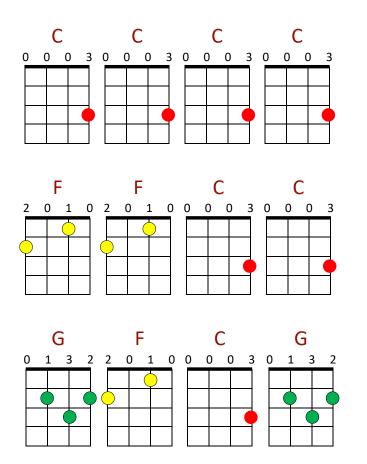
The following chord patterns have been used in many songs and continue to be used by song writers today. Learning to recognise and play these chord patterns will help you to learn new songs. You can also use these patterns to help you write songs of your own.

A "Twelve Bar Blues" usually only uses three chords. Thousands of songs have been written using a twelve bar blues pattern. These include:

- Hound Dog Elvis Presley
- I Got You (I Feel Good) James Brown
- Rock and Roll Music The Beatles
- Sweet Home Chicago Robert Johnson
- We're Going To Be Friends The White Stripes
- Mustang Sally Wilson Pickett
- Rock Around The Clock Bill Haley and the Comets

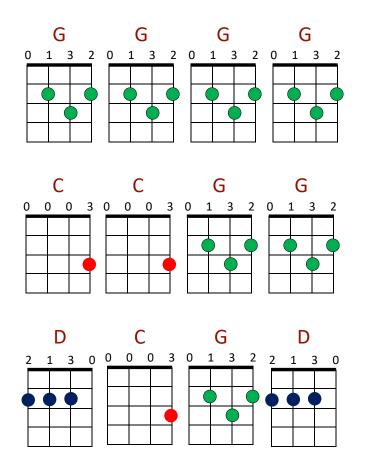
This blues is in the key of C and starts with a C chord. Each chord diagram represents one bar, or one count of four beats.

Blues in C



A twelve-bar blues can start in any key. This blues is in the key of G and starts with a G chord.

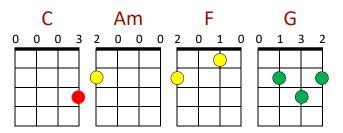
Blues in G



Common Chord Patterns - Four Chord Progressions

A pattern of chords is often called a "progression". The "50s progression" was used in many popular songs during the 1950s and 1960s and can still be found in music today. In some songs each chord is played for one bar (usually a count of four). Other songs might have longer or shorter chords but follow the same pattern. This pattern will usually repeat for a section of a song, or even for a whole song.

Example Progression One

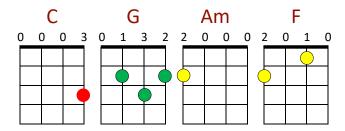


Songs that use progression one include:

- A Million Reasons Lady Gaga
- Stand By Me Ben E. King
- Me! Taylor Swift
- Baby Justin Bieber
- Octopus's Garden The Beatles
- Girl On Fire Alicia Keys

Example Progression Two

This progression is very popular in rock, pop and folk music styles. See if songs come to mind as you play the pattern of chords.

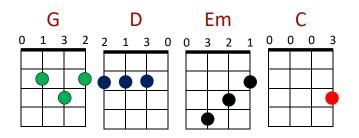


Songs that use this progression include:

- Flashlight Jessie J
- Bad Liar Imagine Dragons
- Bridge of Light Pink
- With or Without You U2
- Someone Like You Adele
- Photograph Ed Sheeran

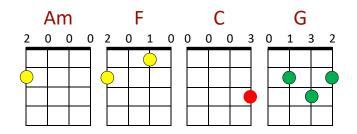
Example Progression Three

Progressions can be played in any key. This example is in G and starts with a G chord. The chords are different, but the pattern is the same as example progression two.



Example Progression Four

By playing the same chord pattern, but starting in a different place, a slightly different feel can be created. This progression uses the same pattern as example two but starts on the Am chord.



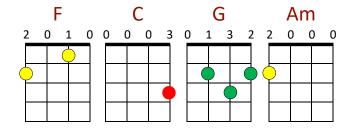
Here are a few songs that use this progression:

- Who You Are Jessie J
- Poker Face Lady Gaga
- Grenade Bruno Mars
- The Scientist Coldplay
- Amazing Alex Lloyd
- If I Were A Boy Beyoncé

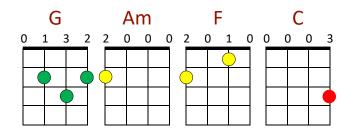
Variations

You can vary these progressions by simple changing where you start and finish. The following two examples follow the same pattern as example progressions two and four but start in different places.

Example Five



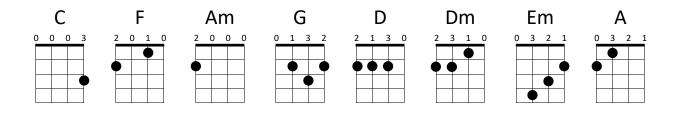
Example Six



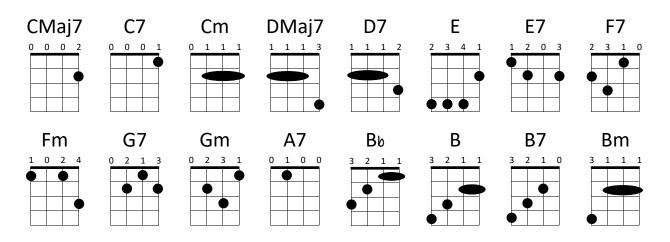


Chord Chart

Chords we have learned in this book:



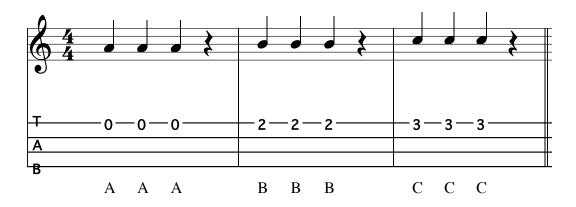
There are many other chords you can learn. Here are some common ones you will find in music books for the ukulele.



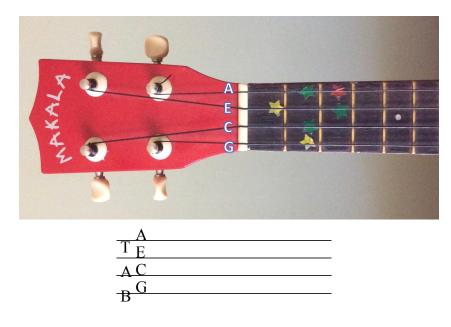
You will find these and other chords in The School Ukulele Orchestra Accompaniment Book, available for download on <u>www.school-ukulele-orchestra.net</u>.

Playing Melodies, Reading Tablature

Notes on the ukulele are written in two ways; as standard notes and as tablature.



Tablature is like a diagram of the fret board. The four lines represent the four strings as viewed when you are holding your ukulele and looking down. The numbers represent the frets.



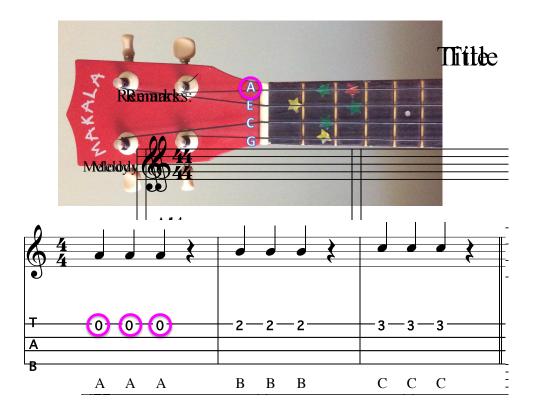
Why Learn Tablature?

Reading standard notes is a valuable skill and is worth learning. Tablature is also important for players of fretted instruments and is a much easier place to start.

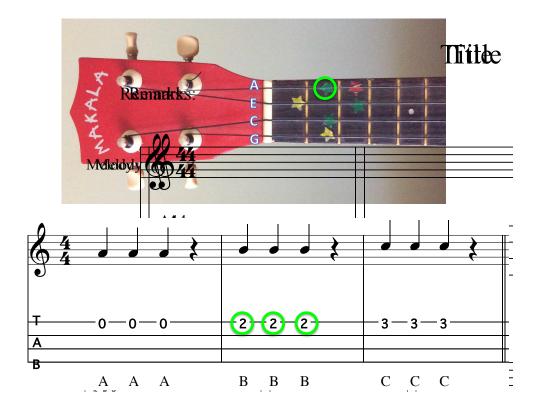
On the ukulele there can be two, three or even four different places that a note can be played. This is not like a piano, where each note is only found in one place. Standard notes do not show the player the best place to play a note.

Tablature is a common form of notation for fretted instruments and has been used for hundreds of years. Many players use tablature to read and write music for ukulele, guitar and other fretted instruments.

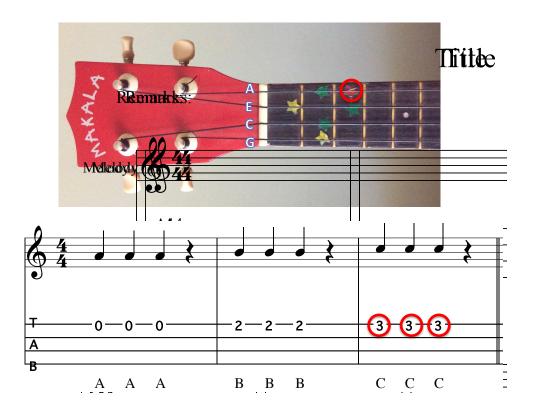
This A note is played on the open A string. Play the note three times as shown below. Only play the one string.



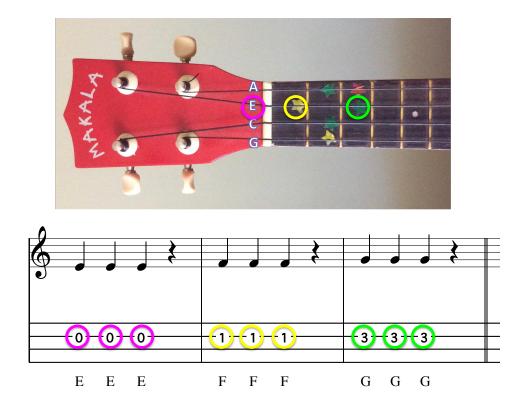
This B note is played by holding the first string at the second fret. Only play the one string. Play the B note three times. You can use your thumb or a fingertip to play the note.



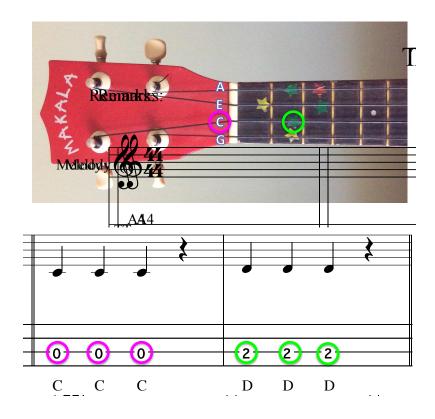
This C note is played by holding the first string at the second fret. Only play the one string. Play the C note three times.



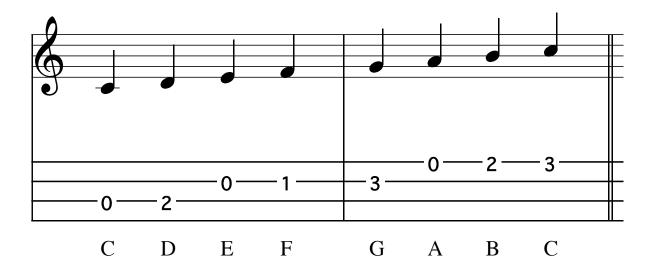
Now try playing these notes - E, F and G - on the second string. Play them as they are written in the tablature.



Now try playing these notes - C and D - on the third string. Play them as they are written in the tablature.

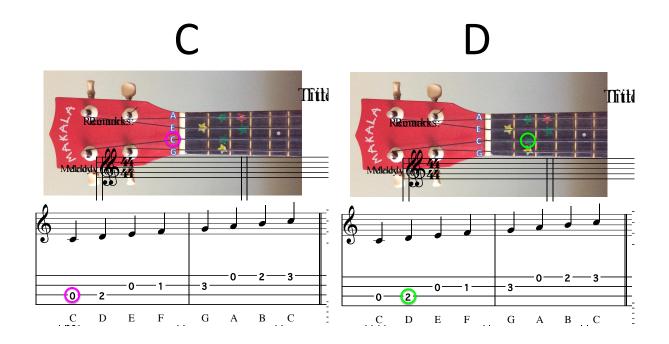


This pattern of notes is a C major scale. It uses three different strings on the ukulele.



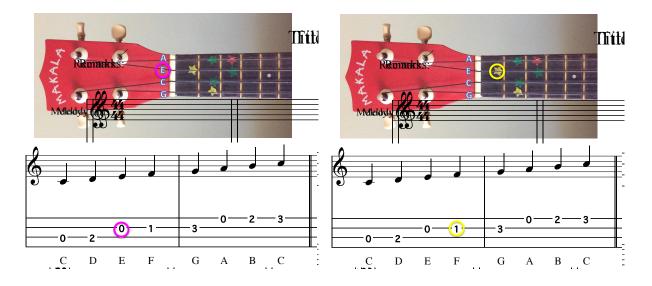
Turn the page for more help with playing the C major scale.

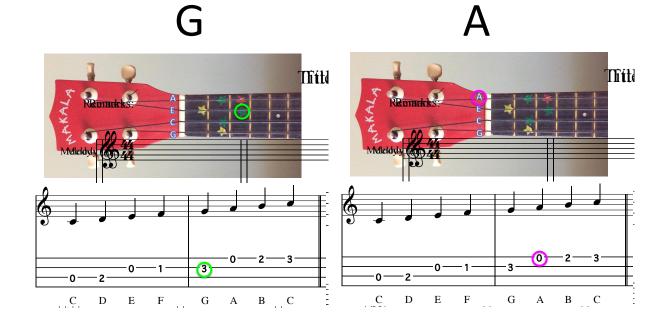
Use the pictures following to help you play the notes of the C Major scale. As you play, try using your thumb, then using different fingertips. As you become more comfortable, you will find ways to alternate your fingers and thumb so you can play smoothly.





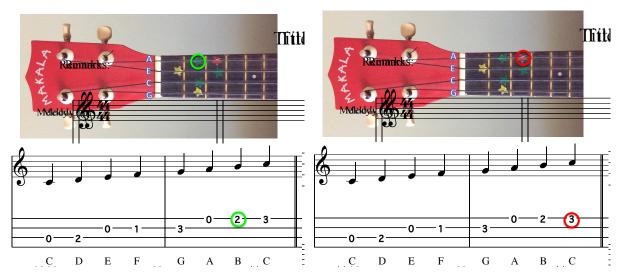
F



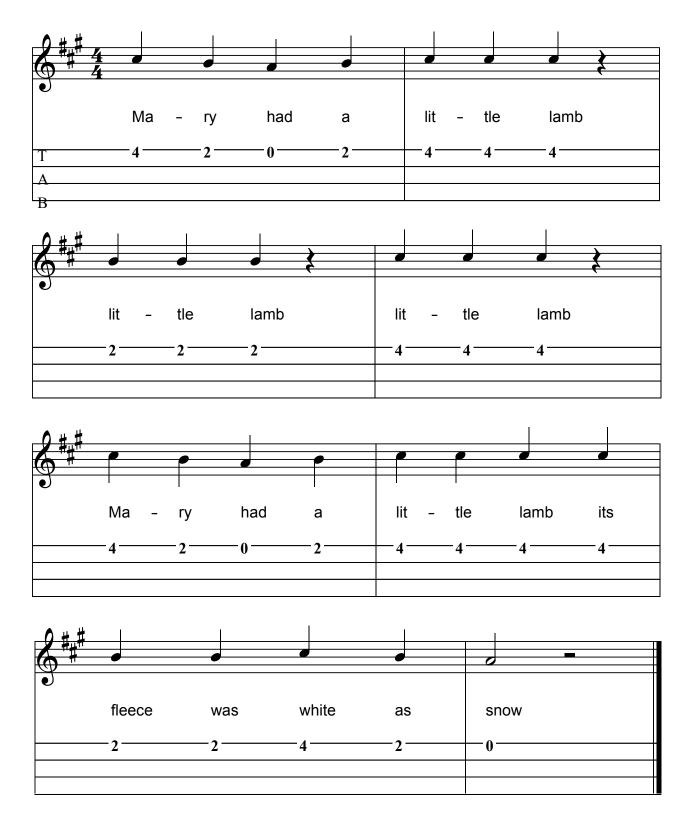








Try playing "Mary Had A Little Lamb" using just one string.



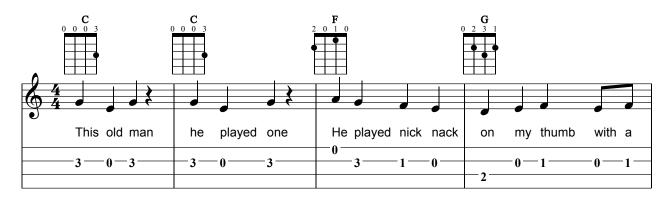
Use the tablature to work out this Mystery Tune. You will know it when you play it.

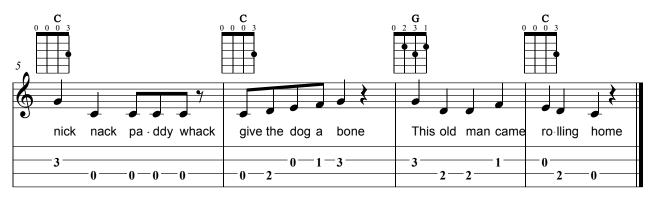


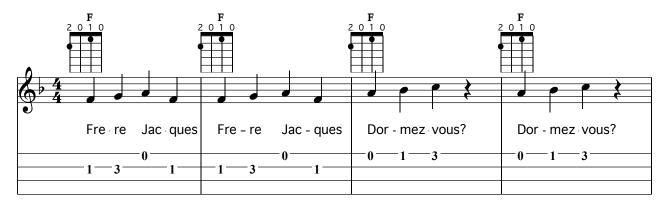
Now try the same tune in a different "key".

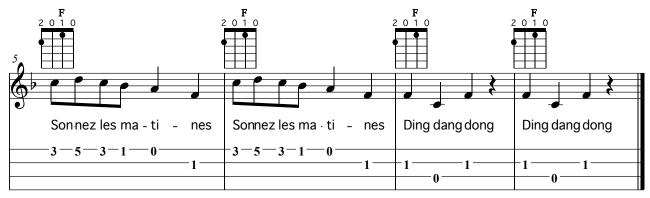


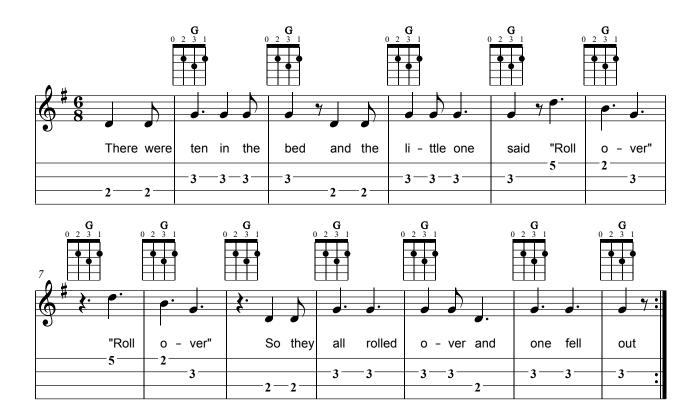
Try playing these tunes, using the tablature. You will find more music to play in The School Ukulele Orchestra Instrumental Book, available for download: <u>www.school-ukulele-orchestra.net</u>.





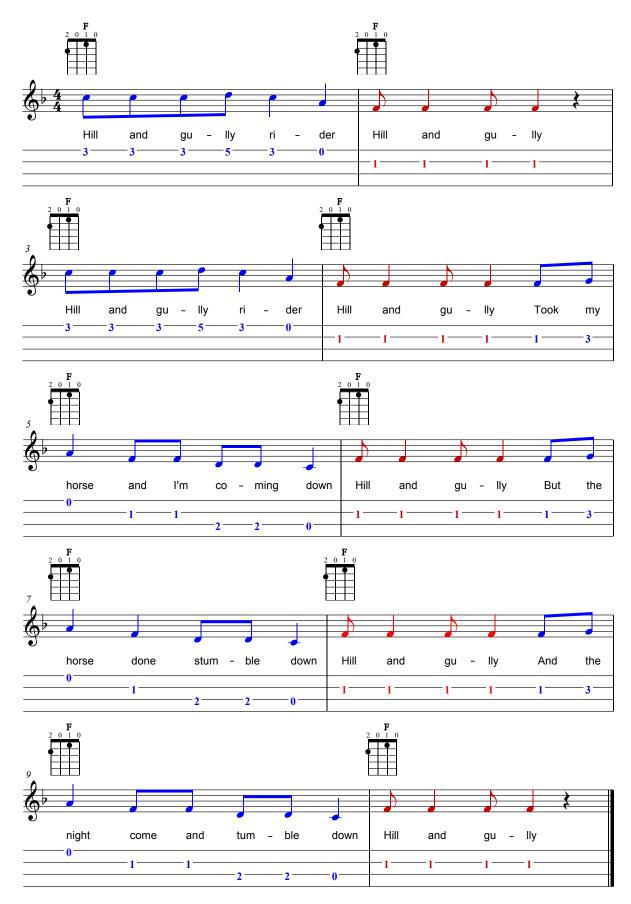








If you are playing with others, you can try this tablature in three parts. One part plays the chords, using a rhythm that suits the song. The second part plays the blue notes and the third part plays the replying red notes.



About the Music Used in this Book

- Row Row Row Your Boat English children's song
- London's Burning English folk song
- Frere Jacques French folk song
- Hill and Gully Rider Jamaican working song
- Bumble Bee From a song by Colonel Sanford C Faulkner (1806-1874)
- Ah Poor Bird English folk song
- Ten In The Bed Traditional children's counting song
- Head Shoulders Knees and Toes 20th century children's song
- Tinga Layo Caribbean children's song
- This Old Man English children's song
- Taba Naba From Murray Island in the Torres Strait. This song celebrates reef travel via the "taxi of the Torres Strait", the dinghy. Dalassa Pau, originally from Darley Island, shared this song with Frank York, who published it in "Children's Songs of the Torres Strait Islands". Dalassa Pau was the principal of Coconut Island State School. The verse in English is arranged by Russell Baker, based on the translation in Frank York's book.
- Hey Ho Nobody Home English children's song
- Warami Ngallowah Mittigar Dharug Dalang greeting song by Russell Baker, with thanks to Jacinta Tobin, Corina Norman and Uncle Colin Locke.
- Mary Had A Little Lamb American children's song
- Twinkle, Twinkle Little Star Traditional European lullaby

